



GET OUT MORE FOR **TRAINING**

# OUR SERVICES TRAINING

## DEVELOPING OUTDOOR SKILLS TO SHARE WITH OTHERS

We are passionate about the outdoors and want to share our skills with others so more people can benefit from connecting with nature for learning, wellbeing and play.

Our outdoor skills-based programmes help people develop confidence to engage with outdoor activities.

We offer:

- Forest School Level 1 training; a 3-day introduction to forest school
- Employability and volunteering programmes for those who want to work outdoors
- Professional development in outdoor skills for teachers, nursery and community workers

## CASE STUDY

Shabbana is a parent whose son regularly comes to our Saturday forest schools. She wanted to get her whole family involved, so we encouraged her to attend the Forest School Level 1 training in Sept 2021. *'It has allowed me to grow in confidence and connect with nature... (Forest school) was a lovely way to visit old memories and release my inner child. As a result of the training, I'm going to use my new skills and knowledge to spend more time outside with my child'*



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