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## Forest Schools Level 1 Practitioners Award: 7-9 October 2019

## Wonder Full Early Years Training Hub, Heaton, Bradford

**Level 1 Course Outline:** Lily Horseman of Kindling Play and Training will introduce basic woodland skills, and individuals will be required to demonstrate a basic knowledge of the flora and fauna in a woodland area. The course will allow participants to look at using the outdoor environment to facilitate different learning styles and to encourage the development of personal skills such as confidence and self-esteem.

Participants will learn how the outdoors can be used to encourage all areas of development, understand factors that affect children’s behaviour and strategies for the outdoor environment. We will also look at how the outdoor environment encourages independence, self-reliance and self-esteem and promotes healthy, balanced social and emotional growth.

Portfolio Completion will take place during the course and be handed in on the last day.

**Target group:** This course is ideal for those people who are wanting to gain skills for working outdoors with children and young people, those who want to explore Forest Schools within their own setting or those who wish to support a trained Forest Schools practitioner.

**The Forest School Play Project and Better Start Bradford:** This course is part of The Forest School Play Project, a Better Start Bradford project, being delivered by Get Out More over the next 3 years. This programme will offer hundreds of young children and their families in Bowling & Barkerend, Bradford Moor and Little Horton the chance to experience the benefits of nature-based learning through engaging with forest school.

The course has been programmed for early years workers and parents of young children from the Better Start Bradford area. The course is free to trainees and there are only 10 places available, therefore places will be awarded on merit following an application process.

Please complete the form on the following pages and return it to Annie Berrington at the above email/postal address by: **12 September 2019**

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**APPLICATION FORM FOR PARENTS**

|  |  |
| --- | --- |
| NAME |  |
| EMAIL ADDRESS |  |
| PHONE NUMBER |  |
| NAME AND ADDRESS |  |

It is a requirement of the course that trainees attend all 3 days in full

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| **If I am selected for the course, I commit to attending all 3 days in full**  Applicants signature Date |

Please respond to the following 3 questions. Boxes will expand as required.

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| 1. 1. Please give details about any past experience you have working within an outdoor environment, including any examples where you have worked with children. |
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| 1. 2. Summarise what you wish to achieve by completing the Level 1 Forest School Practitioner course and how you aim to use the skills which you learn. |
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| 1. How do you see this improving the outcomes for young children in the Better Start Bradford area (Bowling and Barkerend, Bradford Moor and Little Horton)? |
|  |

Return the form by email or post to Annie Berrington by 12 September 2019

[annie@getoutmorecic.co.uk](mailto:annie@getoutmorecic.co.uk)

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